

DANSK SELSKAB FOR PSYKOSOCIAL MEDICIN

Scientific symposium

Exercise & prostate cancer

WHY AND HOW SHOULD EXERCISE TRAINING BE PROMOTED AS AN INTEGRAL PART OF PROSTATE CANCER TREATMENT?

Evidence is accumulating for the benefits of exercise training in men with prostate cancer. However, exercise has not yet been integrated in clinical practice, and survivors of prostate cancer struggle to comply with existing guidelines. You are hereby invited to participate in a scientific meeting involving international experts. The experts will be presenting the latest evidence in the field and engage in a panel discussion of critical elements in the promotion of exercise participation in men with prostate cancer including which type of exercise is most effective, safety precautions and issues of implementation.

PROGRAM

Improvement of Quality of Life

*Liam Bourke, PhD, MRes BSc (Hons), Principal Research Fellow
Sheffield Hallam University, UK*

Management of Sexual Dysfunction and Prevention of Treatment Toxicity

*Prue Cormie, PhD AEP, Senior Research Fellow
Edith Cowan University Health and Wellness Institute, Joondalup, Australia*

'FC Prostate' - Effects of Recreational Soccer

*Jacob Uth, MHS, PT, PhD. stud.
Copenhagen University Hospital, Rigshospitalet, Denmark*

Panel Debate

DATE AND VENUE

Monday 29th June 2015 from 13.00 to 16.00

The University Hospitals' Centre for Health Research (UCSF),
Copenhagen University Hospital, Rigshospitalet
Ryesgade 27 (Baghuset), 2200 Copenhagen N *Everybody is welcome and participation is free. For
practical reasons registration is recommended – please send an e-mail with your name to
julie@ucsf.dk no later than June 25th*